

“Soul Searching” & Self-Examination

The “Soul Searching” Questionnaire

Minister Bruce W. Randolph, MD

- The purpose of this questionnaire is to help you examine yourself, create your vision, and develop a plan for your life.
- The self-examination process involves truthfully answering the questions on this questionnaire after serious thought and reflection.
- This questionnaire is helpful only if these questions are answered truthfully. Remember, you and God are the only ones who know if your answers are true.

The “Soul Searching” Questionnaire

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1. Who am I?
2. Where did I come from?
3. Why do I exist?
4. Who or what is my God?
5. Who or what do I worship and serve?
6. Who or what do I trust and have faith in?
7. Who do I follow and submit to?
8. Who or what controls my life?

The “Soul Searching” Questionnaire

9. What do I believe about God?

10. What do I believe about spirituality and religion?

11. What do I believe about the teachings of Jesus Christ and other Prophets?

12. What do I believe about the Bible and other Holy Books?

13. What do I believe about life after death and eternal life?

14. What do I believe about heaven and hell?

15. What do I believe about God’s love, mercy, grace, and favor?

16. What do I believe about right vs. wrong, and good vs. evil?

17. What do I believe about repentance, forgiveness, reconciliation, and atonement?

The “Soul Searching” Questionnaire

18. What are my faults and weaknesses?

19. What are my talents and strengths?

20. What are my wants and desires?

21. What are my dreams and aspirations?

22. What are my needs?

23. What do I fear?

24. What do I hate?

25. What do I love?

26. What do I value?

The “Soul Searching” Questionnaire

27. What are my cares and concerns?

28. What motivates me?

29. What do I think about myself?

30. What is my purpose in life?

31. What service am I willing to give?

32. What sacrifice am I willing to make?

33. What struggle am I willing to engage in?

34. What am I willing to die for?

The “Soul Searching” Questionnaire

35. What is my mission?

36. What is my vision?

37. What is my ministry?

38. What is my message?

39. What is my plan for my life?

Learning Your Family Tree and Telling Your Story

Family Tree

