

Developing A Plan for Your Life

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Jesse Jackson once said:

“If my mind can **conceive it** and my heart can **believe it**, then I know I can **achieve it**”.

Mission

Why do I exist?

What is my purpose?

What is my calling?

What makes me special and unique?

What am I seeking to achieve?

Mission

Determines goals and objectives

Gives overall directions

Identifies what we are seeking to achieve or striving to become

Helps create vision

Vision

How do I see myself?

What do I see myself becoming?

What do I see myself doing?

Where do I see myself going?

What do I foresee happening?

Mission and Vision Determine:

Beliefs, Values and Attitude

Behavior and Practices

Resource Utilization

Product

Beliefs, Attitude & Values

What do I really believe?

What is important to me?

How do I view things?

Beliefs

What do I accept as truth?

What do I have trust, faith and confidence in?

Attitude

Way of thinking and feeling

Way of looking at things

Outlook

Approach

Result of beliefs and values

Reflected in behavior

Attitude

“Your **attitude**, not your **aptitude**, will determine your **altitude**”-
Zig Ziglar

Values

What things are important in life?

What things have importance, worth, or usefulness to me?

What are my principles and standards?

Principles

Rules

Beliefs

Ideas

Assumptions

Truths that guide thinking, reasoning, or behavior

Standards

Rules for measuring:

Quality

Worth

Value

Merit

Excellence

Attainment

Resources

Resources are things that a person uses to behave, produce, and function effectively.

Resources

Education (knowledge, skills, abilities, and experience)

Information

Finance (money)

Facility

Tools/Equipment

Resources

Health (physical, mental, spiritual)

Energy (power, will, motivation, determination, perseverance)

Benefits/Privileges/Advantages

Relationships (Networks/Associations)

Behavior & Product

Reflections of our:

Mission

Vision

Beliefs

Attitude

Values

Principles

Standards

Resources

Behavior

The way a person:

Acts

Reacts

Operates

Functions

Conducts oneself

Responds to situations or stimuli

Product

Effect

Result

Outcome

Consequence

Fundamental Questions

Purpose?

Practice?

Product?

Once You Have Developed Your Plan

Implement your plan

Work your plan daily

Transform your plan from dream into reality